

EXERCISE SCIENCE: AN INTRODUCTION TO HEALTH AND PHYSICAL EDUCATION

Ted Temertzoglou and Paul Challen

Textbook: ISBN 1-55077-132-9 / Student Workbook/Lab Manual: ISBN 1-55077-133-7

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ACHIEVEMENT CATEGORIES – STUDENT WORKBOOK QUIZZES AND EXERCISES

ACHIEVEMENT CATEGORY				QUESTION TYPE	
KU = Knowledge and Understanding				Q=Quiz	
TI = Thinking and Inquiry				T=Terminology	
A = Applications				L=Labelling	
C = Communication				H=Hands-on	
				C=Crossword	
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